



Are you:-

- Finding it hard to make ends meet financially?
- Not sure if you are eligible/receiving the right benefits?
- Experiencing mental or physical health difficulties in your family?
- Having problems with your housing/employment?
- Dealing with separation, divorce or related child arrangements?
- Needing advice about training or work?
- Dealing with debts?
- Finding it difficult to cope with forms, phone calls, letters etc?

Some advice on these and many other issues is available from the dedicated Parent Support Team at Citizens Advice East Devon.

Just ask in school for a referral.

One of the team will phone/meet you for a chat to see how we can help you and offer ongoing support/contact from the same familiar person if needed.