



What to do if.....

A guide for Parents and Carers



What to do if	Action Needed	Return to School if or when....
<p>My child has Covid-19 symptoms:-</p> <p>HIGH TEMPERATURE- this means you feel hot to touch on your chest or back.</p> <p>A NEW CONTINUOUS COUGH – this means coughing a lot more than an hour, or 3 or more coughing episodes in 24 hrs.</p> <p>A LOSS OF OR CHANGE TO YOUR SENSE OF SMELL OR TASTE – this means you have noticed you cannot smell or taste anything or things smell or taste different to normal</p>	<p>DO NOT COME TO SCHOOL From when their symptoms start they are expected to self-isolate for up to 10 days while they wait for COVID test results</p> <ul style="list-style-type: none"> • Contact school to inform us. • Contact NHS 111 for advice • Self-isolate the whole household for 14 days • Get a COVID19 Test as soon as possible. • Rest and recover <p>INFORM THE SCHOOL IMMEDIATELY ABOUT TESTS AND RESULTS</p>	<p>See below</p>
<p>My child had some symptoms and then tests positive for Covid-19.</p>	<p>DO NOT COME TO SCHOOL Minimum of 10 days isolation from the day the symptoms started. Self-isolate the whole household for 14 days – even if a sibling in the household gets a negative test during this 14 day period they cannot return to school before the 14 days has ended as they may be incubating.</p> <ul style="list-style-type: none"> • Contact School to inform us • Agree an earliest date for possible return with the school • School is contacted by the HSE • Probable that the class or year group bubble will be asked to self-isolate • The school will support the student with remote learning <p>If you still fell unwell (such as a fever) after 10 days continue to self-isolate and seek medical advice.</p>	<p>After a minimum of 10 days and the student feels well enough – even if they have a cough or loss of taste/smell as these symptoms can last for several weeks.</p>
<p>My child had some symptoms for COVID and then tests negative</p>	<p>CONTACT THE SCHOOL As long as no-one else in the household has tested positive or has symptoms then discuss with a member of the Senior Leadership Team when the student can come back to school (same day/next day).</p>	<p>The child feels well enough</p>
<p>My child is ill with symptoms not linked with Covid-19.</p>	<p>Follow the normal absence procedure Rest and recover</p>	<p>With stomach bugs please wait until after 48 hours following the last bout of sickness/diarrhoea if this is the cause of absence.</p>

<p>Someone in my household has Covid-19 symptoms</p>	<p>DO NOT COME TO SCHOOL Self-isolate the whole household for 14 days from the day their symptoms started or until that person's test comes back negative</p> <ul style="list-style-type: none"> • Contact school • Household members should get tested immediately • The school will support the student with remote learning if the test is delayed. 	<p>Only return if that person in the household has a test that comes back negative</p>
<p>Someone in my household tests positive for Covid-19</p>	<p>DO NOT COME TO SCHOOL Self-isolate for a minimum of 14 days from the start of their symptoms. Even if you test negative in this time you cannot return to school.</p> <ul style="list-style-type: none"> • Contact School • Agree an earliest date for possible return • Self-isolate the whole household. • School will support the student with remote learning. 	<p>The child has completed 14 days of isolation and has no symptoms.</p>
<p>NHS Track and Trace has identified my child has been in close contact of someone with symptoms of confirmed Covid-19.</p>	<p>DO NOT COME TO SCHOOL You will be asked to self-isolate for 14 days from the date you were last in contact with that person.</p> <ul style="list-style-type: none"> • Contact school • Agree an earliest date for possible return – minimum of 14 days. • The rest of the household does not need to self-isolate if you have no symptoms. • School will support the child with remote learning 	<p>The child has completed 14 days of isolation.</p>
<p>We/My child has travelled and has to self-isolate as a period of quarantine.</p>	<p>A minimum of 14 days from return date. Self-isolate the whole household.</p> <p>Consider quarantine requirements and FCO advice when booking travel. Returning from a destination where quarantine is needed, agree an earliest date for possible return.</p>	<p>The quarantine period of 14 days has been completed</p>
<p>We have received medical advice that my child must resume shielding.</p>	<p>DO NOT COME TO SCHOOL</p> <ul style="list-style-type: none"> • Contact school • Shield until you have been informed that restrictions are lifted and shielding is paused again. • The school will support the student with remote learning 	<p>The NHS informs you that restrictions have been lifted and your child can return to school.</p>
<p>My child's bubble has closed due to a Covid-19 outbreak in school</p>	<p>DO NOT COME TO SCHOOL Your child will need to isolate for 14 days and will not be able to return even with a negative test result.</p> <p>The school will support the students with remote learning.</p>	<p>School will inform you when the bubble will be re-opened.</p>